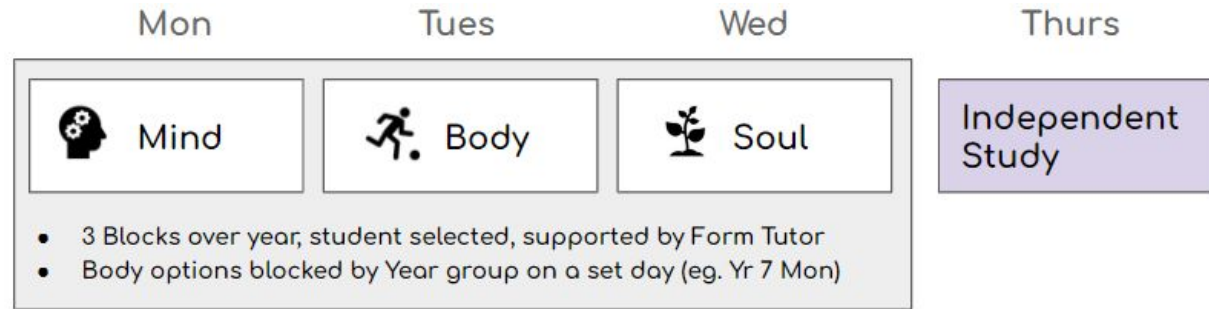


Period 7: Years 7 to 9

Block 2 25/26

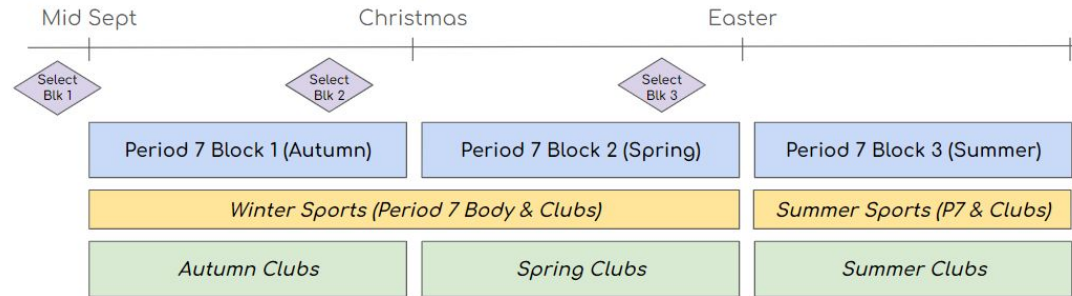
In Years 7, 8 & 9 students participate in 3 elective Period 7s a week, covering Mind, Body and Soul.

On a Thursday students have Independent Study in their form groups.



There are **three blocks** of Period 7 across the school year, each of which is approx 12 weeks long.

Students choose their Period 7s three times a year - in early September (Blk 1), in December (Blk 2) and March (Blk 3).



In addition, we offer a range of clubs, which students can pick from at the same time as Period 7. They should consider their Period 7 and club options together, so they select from the widest set of opportunities. Students can also join clubs at any point across the year, subject to availability.

Choosing Your Period 7 Electives

Be ready on Monday to give your form tutor your period 7 choices for block 1.

You need to choose:

1. MIND - 4 choices, in order of preference
2. BODY - 3 choices, in order of preference
3. SOUL - 4 choices, in order of preference



Performing Arts Production Rehearsals

Auditions will be run at appropriate times for Performing Art productions across the school year. Students who are successful will then attend Performing Arts rehearsals during Thursday Period 7 (and often after school), instead of Independent Study.

You could be allocated any of your choices, so pick the things **you** would like to do and not just what your friends are selecting. You should also try not to pick something you have done before - try something new!

We aim to give as many students as possible their 1st or 2nd choices, but are restricted by numbers for many activities. Please note that once Period 7s are allocated they **cannot be changed**, as the logistics are very complex to organise.

** if you are not in school for any reason you should email your choices to Mr Houghton by the end of Tuesday otherwise you will get randomly allocated choices*

Clubs

If you wish to join (or leave) a club you should contact the member of staff running the club directly and they will be able to add you in (or remove you). You can do this in person or by email.

Arabic Develop your skills and knowledge of the Arabic language and culture.	Drama Club A fun, welcoming space to build confidence, play drama games, explore characters, and develop performance skills — no experience needed.	Basketball Exploring and developing your skills at basketball.	Acting Through Song Perform scenes through music, improving vocal expression, confidence, and theatrical storytelling.	Orchestra (junior - Thu) For students of all years who play a musical instrument and are a beginner - grade 2 standard.
Astronomy Club Develop your knowledge of our solar system and the wider universe.	MESME Invite only - maths circle grappling with intriguing problems and ideas.	Cross-Country Running Exploring and developing your running skills and stamina.	Cartoon Drawing Learn to create expressive characters and simple stories using cartoon art techniques.	Orchestra (senior - Wed) For students of all years who are working at Grade 3 or above on their chosen instrument.
Attenborough Documentaries Develop your knowledge of the natural world through a variety of brilliant documentaries.	Microbits Practice programming and making games with this coding experience.	Football - Squad Join the KWS football squad + training.	Harry Potter Club Escape to Hogwarts with discussions, watching and activities related to the world of Harry Potter.	Origami Fold paper into creative shapes while developing patience, precision, and artistic skill.
Chess A chance to learn and play the classic game of Chess, for players of all abilities.	Mindful Journaling A chance for students to get creative and use art to explore their thoughts, feelings and personal aspirations.	Football - Girls Explore and develop your football skills.	Herstory Celebrate women's history by learning about influential female figures and their achievements.	Short Story Club Read, discuss, and write short stories to strengthen creativity and literacy.
Crossword Puzzles Develop your skill at Crosswords, whilst boosting your vocabulary at the same time.	SET Card Game A fun game based on recognising patterns to win; for players of any gaming experience.	Football - Skills Exploring and developing your football technique and skill set.	Knit & Crochet Create handmade crafts while learning relaxing knitting and crocheting skills.	Silent Reading Enjoy quiet, personal reading time to build focus and a love for books.
CSI Develop your understanding of the processes behind crime scene investigations.	Spanish Language Club Develop your knowledge and skills at speaking and writing Spanish, with a range of fun Spanish games.	Football - Social A chance to combine the sport and social aspects of football.	Lego Club Build imaginative Lego creations while developing problem-solving, teamwork, and design skills.	Theatre Company (Tue) KWS Theatre Company is a performance group for anyone with a passion for acting, storytelling, and the magic of live theatre. Whether you're an experienced performer or completely new to the stage, this is your chance to develop your skills, work as an ensemble, and take part in exciting productions throughout the year.
Daily Games A chance to take part in a range of daily puzzles and games against your peers.	Taskmaster Based on the TV show; a chance to watch funny tasks and problem solve with strategy and logic.	Golf Exploring and developing your skills at golf.	Litter-Picking Help improve the school environment by collecting litter and promoting eco-responsibility.	UNO Take part in the classic card game - Uno; for players of all abilities.
		Junior Dance Company (Tue) Trial to be part of the KWS Dance Company.	Mindful Colouring Relax with calming colouring activities that encourage focus, creativity, and mindfulness.	Watercolour Workshop A chance to learn about and practice your watercolour painting skills.
		Netball Exploring and developing your skills at netball.		
		Table Tennis Exploring and developing your skills at table tennis.		
		Rugby Exploring and developing your skills at rugby.		
		Yoga Exploring and developing your skills at yoga.		