

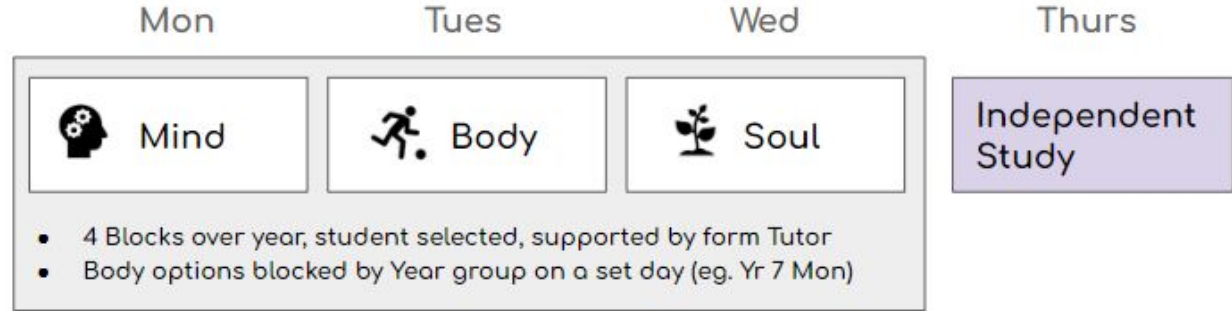
# Period 7: Years 7 to 9

Please note: body options for blocks 1&2 will continue up to the Easter break.

## H2 23/24

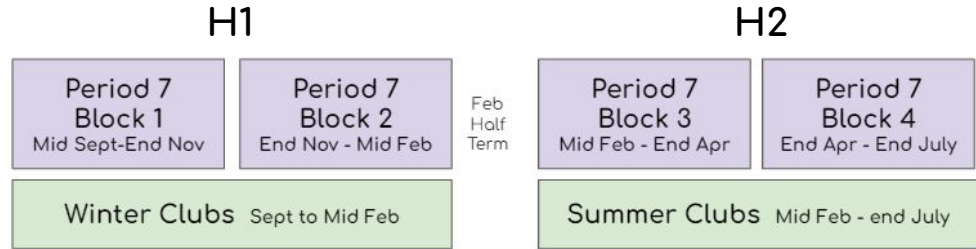
In Years 7, 8 & 9 students participate in 3 elective Period 7s a week, covering Mind, Body and Soul.

On a Thursday students have Independent Study in their form groups.



There are four blocks of period 7 across the school year, each of which is approx 9 weeks long.

Students choose their Period 7s twice a year - in early September (H1) and then again in January (H2). These choices are used to allocate **two** blocks each time.



In addition, we offer a range of lunchtime clubs, which students can pick from at the same time, twice a year. They should consider their Period 7 and club options together, so they select from the widest set of opportunities. Students can also join clubs at any point across the year, subject to availability.

 MIND

Select 4 choices

<b>Board Games</b> <i>Various</i> Play some traditional and strategy board games.	<b>Monopoly</b> <i>Mrs Saleem-Carrington</i> For beginners and experienced players.
<b>Chess</b> <i>Mr Lawrence</i> For beginners and experienced players.	<b>Orchestra (Wed)</b> <i>Mr Bullock &amp; Mrs Cashman</i> Be part of the KWS Orchestra, runs until 4pm.
<b>CSI</b> <i>Various</i> Exploring how crime scenes are investigated.	<b>Science Experiments</b> <i>Mrs Humphries</i> Exploring and preparing fun science experiments.
<b>Italian</b> <i>Mr Church</i> An introduction to Italian language and culture.	<b>Silent Reading</b> <i>Miss Briars</i> A chance to read and share what we have enjoyed recently.
<b>Logic Puzzles</b> <i>Mrs Caplin</i> Solve a variety of puzzles using your logical skills.	<b>Small Animal Studies</b> <i>Mrs Wall</i> Meet and learn about a range of small animals.
<b>Make Code Arcade</b> <i>Miss Hyder</i> Develop your programming skills, by creating and developing a range of arcade games.	<b>Social Skills</b> <i>Mrs Kench</i> Boosting social skills through a variety of activities.

 BODY

Select 3 choices

<b>Athletics</b> <i>Miss Adams-Burnett &amp; Miss Mountford</i> Athletics for all - both members of the athletics team, and those that want to try the range of field activities.
<b>Cricket</b> <i>Various</i> Cricket for all - both social players and squad players.
<b>Dodgeball</b> <i>Mrs Gaydon and Mr Blankson-Hemans</i> Dodgeball for all.
<b>Rounders</b> <i>Mr Hall</i> Rounders for all - both social players and squad players
<b>Running</b> <i>Mr Cain</i> For those serious about running, beginners or more experienced.
<b>Tennis</b> <i>Mr Gariba</i> Tennis for all - both social players and squad players.
<b>Wellness Centre</b> <i>Mr McLeod</i> Cardio machines only - suitable for all, but limited numbers due to space.
<b>Yoga</b> <i>Mrs Morris</i> Suitable for all students - a great way to end the day.

 SOUL

Select 4 choices

<b>Chinese Karaoke</b> <i>Miss Hu</i> Explore the visual art of Chinese characters.	<b>Mindful Colouring</b> <i>Mrs Robinson</i> Practice calm mindfulness whilst colouring.
<b>Dance - Contemporary</b> <i>Mrs Patterson</i> Trial to be a part of this KWS dance company.	<b>Origami</b> <i>Miss Hu</i> Exploring and practising the art form of origami.
<b>Dance - Hip Hop</b> <i>Mrs Patterson</i> Trial to be a part of this KWS dance company.	<b>Spanish Films</b> <i>Mrs Kelly</i> Exploring a range of Spanish classic and contemporary films.
<b>Diamond Art</b> <i>Ms Eyley</i> Explore the artistic form of 'diamond' or 'crystal art'.	<b>Spheros</b> <i>Mr Inns</i> Learning about, and programming spheros.
<b>Frisbee Golf</b> <i>Mr Malan</i> Frisbee golf for all - both new players and experienced players.	<b>Sports Documentaries</b> <i>Mr Lawrence</i> Watching documentaries about a range of sports from around the world.
<b>History Documentaries</b> <i>Mrs Stockwell</i> Watching documentaries about a range of historical eras.	<b>Warhammer</b> <i>Mr Inman</i> Paint and play with models, you must bring your own.
<b>Knit and Crochet</b> <i>Ms Jacquinet</i> Working together to develop our knitting and crocheting skills.	<b>Watercolour Workshop</b> <i>Miss Corrian-Alexis</i> Explore and practise the artistic form of watercolour
<b>Lego Club</b> <i>Mrs Morris/Mrs Moss</i> Work together to create lego masterpieces.	

# Choosing Your Period 7 Electives

Next week you need to give your form tutor your period 7 choices for the second half of the year.

You need to choose:

1. MIND - 4 choices, in order of preference
2. BODY - 3 choices, in order of preference
3. SOUL - 4 choices, in order of preference

You could be allocated any of your choices, so pick the things **you** would really like to do.

We aim to give as many students as possible their first couple of choices, but are restricted by numbers for many activities. Once Period 7s are allocated they **cannot be changed**, as the logistics are very complex to organise.

# Choosing Your Lunchtime Clubs

This year we are using a new system for clubs, performing arts rehearsals/events and sports training/fixtures, called SOCS.