

Period 7: Year 11

Please note: body options for blocks 1&2 will continue up to the Easter break.

H2 23/24

In Year 11 students have one elective Period 7 session a week:



A variety of mind, body and soul options to select from.

A break from studies, or support with them, their choice.

Students in Year 11 will participate in three blocks of period 7 over the year, each of which is approx 9 weeks long. Students choose their Period 7s twice a year still - in their **last week of Year 10** (for block 1 and 2) and then again in January of Year 11 (for block 3).

In addition, lunchtime clubs will be advertised and students will be able to sign-up via SOCS.

Mon

Independent Study

+Further Maths

Tues

Intervention Sessions

Intervention Sessions

Students will be selected for specific intervention sessions each block.

Some will be small group, targeted sessions with a specialist teacher. Others will have dedicated focus time on core subject skills.

All planned to support them to achieving the best possible GCSE results.

Wed

Intervention Sessions

Thurs

Elective



Choosing your electives - Blocks 1 & 2

You will receive an email with the Period 7s you can select from, this will be emailed home too.

Then, you will need to give your form tutor your choices for the second half of Year 11. You will need to choose 5 options, in priority order. They will be used to allocate you Thursday Period 7 for block 1 and 2.

Yr
11

Period 7 Options for the second half of
2023/24

Select 5 choices, in your order of preference, they will be used to allocate blocks 3 and 4.
You could be allocated ANY of your choices, so please do select them carefully.



Athletics <i>Mr Hiscock</i> <i>Athletics for all - both members of the athletics team, and those that want to try the range of field activities.</i>	Draw and Talk <i>Ms McEwan</i> <i>A chance to relax, draw and chat things through in a calm setting.</i>
Cricket <i>Mr Alexander</i> <i>Cricket for all - both social players and squad players.</i>	Golf <i>Mr Laing</i> <i>Chipping, practice pitch shots with the aim of some trips to local courses.</i>
Dodgeball <i>Mr Blankson-Hemans & Mr Idowu</i> <i>Dodgeball for all.</i>	Life Skills <i>Mr Lambert</i> <i>Preparing you for the world beyond school, exposing you to a range of life skills to practise and perfect.</i>
Rounders <i>Mr Hall & Mr Jones</i> <i>Rounders for all - both social players and squad players</i>	Meditation <i>Ms Kaur</i> <i>A chance to relax and develop your skill at meditation. A great way to de-stress before exams.</i>
Running <i>Mr Houghton</i> <i>For those serious about running, beginners or more experienced.</i>	Money Skills <i>Mrs Coomber</i> <i>Preparing you for the world of money, introducing you to concepts such as credit cards, saving, loans and other financial advice..</i>
Tennis <i>Mr Gariba</i> <i>Tennis for all - both social players and squad players.</i>	Quiet Reading <i>Ms Robertshaw</i> <i>A quiet space to read and discuss books.</i>
Wellness Centre <i>Mr McLeod</i> <i>Cardio machines only - suitable for all, but limited numbers due to space.</i>	Revision Club <i>Mr Kral</i> <i>A chance to complete quiet revision activities for a variety of subjects.</i>