



# School Newsletter



## **KWS Newsletter - Issue 67 - 28.4.23**

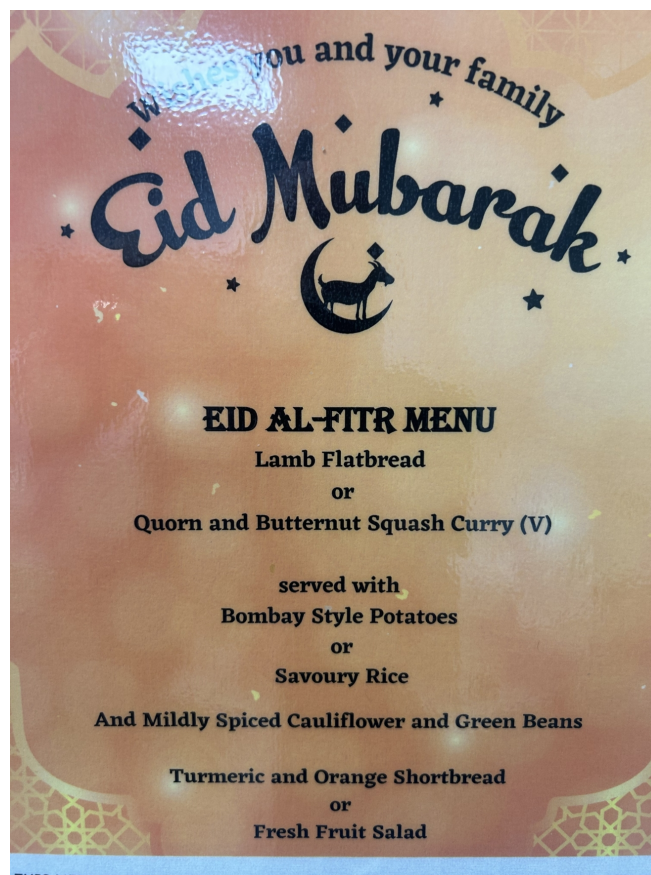
### **Heads up**

As the memory of the final day of last term fades, with a vague recollection of staff handing out cream eggs or equivalent to all the students as they left for the holidays (a gift we repeat every term just in case any evidence is completely consumed before it ever reaches home!), little did we expect that for some students the following 24 hours would be sat on a coach. They finally made it to the ski resort and did their best to make up for any lost time on the slopes. The students were magnificent and the staff extremely tired.

We are coming to the end of two weeks of mock exams for our Year 10 students. They have handled them well, buying into the need to prepare themselves for their GCSE exams next summer. This week, I had the pleasure of leading assemblies for the other years and took the opportunity to reflect on the hard work and effort required to be successful in exams. It took me back to a couple of key phrases from my past - the first was Gary Player, interviewed after another major golf triumph, and asked what part luck had to play in his success. His response was "the more I practise, the luckier I seem to get" and one from the arts "it takes a long time to become an overnight sensation". There are no short cuts, hacks or easy ways to win, it's just effort. No one is born a genius, they just work really hard at it.

Our Trustees and SLT had an enjoyable Saturday morning last week discussing the set up for our 6th form. It was a joy to focus on aspects of where and how our students will thrive and flourish as they move into the final part of their journey at KWS. The plans are beginning to take shape and look really exciting. Another round of parent and student voice will finalise the important details later this term.

On the good news front, we have now locked in the funding for our new 3G astro turf football pitch. There are significant contributions from the Football Foundation, ourselves and a commitment from local clubs in regard to lettings. We will also be partnering with Wheathampsted Wanderers and Watford Community Sports & Education Trust. Work will commence this term and the aim is to have it finished and ready for the start of the next academic year.

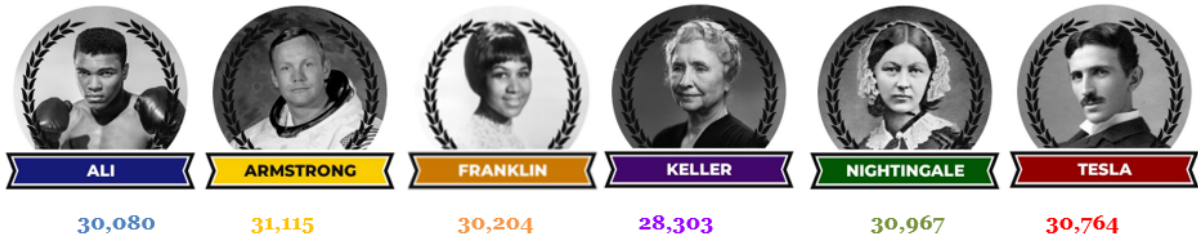


**Tony Smith**  
**Headteacher**

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## House Points

This weeks house point winners are **Armstrong**. **Congratulations!**



## Ski Trip

Ski Trip Review: Alex H: The Ski trip was an amazing fun opportunity to spend time with my friends and make friends with people I wouldn't normally speak to. The ski resort was amazing and the skiing was really fun! The instructors were really kind and helpful, taking us on some really fun runs. The hotel was nice and all ...

[Read more](#)



## Wellbeing Centre Challenges/Watersports Period 7



The students have been enjoying taking part in the wellbeing centre challenges that Mrs Gaydon has been setting up. They have been working hard to beat each others scores. Mrs Gaydon and her Period 7 students can't wait to get back out onto the water on 15th May. Mrs Gaydon

[Read more](#)

## Shrek The Musical

Over 100 actors, singers and musicians are busy preparing for this year's production which is Shrek the Musical. This incredible production brings the beloved story of Shrek to life on stage. There will be four performances running from Thursday 18th May to Saturday 20th May at 7.00pm with a matinee performance on the Saturday at 2.30pm. Tickets are available on ...



[Read more](#)

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## LAMDA Lessons



We are now offering tuition in LAMDA as part of our peripatetic service. LAMDA tuition can take a variety of forms including elocution, public speaking and verse and prose. These sessions are ideal for those wishing to either pursue a career in the performing arts, or for those who would like to develop their confidence in speaking to or presenting ...

[Read more](#)

## KWS Vacancies

Here are our current vacancies:

Caretaker

## Katherine Warrington Association of Friends (KWAF)

If you would like to get involved and support your school's parents' association, please email [kwaf@kwschool.co.uk](mailto:kwaf@kwschool.co.uk) or look out for updates on [Facebook@kwafkws](#). If you haven't already done so, please sign up and follow us!

If you have any requests regarding the KWAF second-hand uniform, please email [uniform.kwaf@kwschool.co.uk](mailto:uniform.kwaf@kwschool.co.uk) and not the main KWAF email.

## Upcoming Events

Friday 5th May to Sunday 7th May - DofE Silver Practice Expedition

Friday 5th May - Brilliant Club Graduation Ceremony Trip

Monday 8th May - Kings Coronation - Bank Holiday

Tuesday 9th May to Friday 12th - Bike ability Level 3 - Year 7 and 8  
Wednesday 10th May - Year 9 and Year 10 Computing Museum Trip  
Monday 15th May to Friday 19th May - Performing Arts Week  
Thursday 18th May - Year 10 Reports Issued  
Monday 22nd May - Year 8 Romeo and Juliet Performance  
Tuesday 23rd May - Onatti Spanish Play - Year 9 and Year 10 Spanish Students  
Thursday 25th May - Year 10 Parents Evening

## Notices for parents/carers

Lost Property

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## Non KWS Events/Publicity

Harpenden Coronation Window Trail



**Join in the fun!**

**To help celebrate the Coronation of King Charles III, follow the trail map, answering questions along the way, to be in with a chance of winning a special Coronation prize!**

Pick up a map and answer sheet from the leaflet rack outside the Town Hall, participating shops, or download it from our website.

[www.harpenden.gov.uk/coronation](http://www.harpenden.gov.uk/coronation)



Active and Safe Travel Newsletter



Harpenden Live Music Festival



Cascade Camps

[@cascadecampsuk](#) Adventure - Fun - Friendship [cascadecamps](#) [f](#)  
**CascadeCamps**  
 For Children Aged 3-14 years old Sports - Multi Activity - Speciality **Ofsted**  
**Multi Activity Camps**  
**KATHERINE WARINGTON SCHOOL**  
 (Harpenden)  
*Where the FUN never stops!*

Performing Arts Zorbs Giant Inflatables  
 Swimming Assault Course Football Cascade Cubs  
 Slip N Slide Dance Theatre Workshop Archery Tag  
 Multi Activity **NEW YEAR OFFER!** Artists Studio  
 20% Discount  
On all bookings made before 12th February (Enter Discount Code: NEWYEAR23 when booking)  
 Go Karts Bushcraft

Tax Free Childcare & Childcare Vouchers accepted!  
 Wrap Around Care Options from 8am to 6pm.  
[www.cascadecamps.com](http://www.cascadecamps.com) 07395 087250 [Info@cascadecamps.com](mailto:Info@cascadecamps.com)

Stanborough Park Waterspouts Centre

**STANBOROUGH PARK WATERSPORTS CENTRE**  
 RYA Sailing Courses Paddleboarding  
 Kayaking & Canoeing Rafting  
 Birthday Parties GO Sessions

[www.better.org.uk/leisure-centre/welwyn-hatfield/stanborough-park-watersports-centre/activities](http://www.better.org.uk/leisure-centre/welwyn-hatfield/stanborough-park-watersports-centre/activities)  
**BETTER**

Make the future yours

For more info click [here](#)



The Future Business Ltd, Langstone Technology Park, Havant, Hampshire PO9 1SA, United Kingdom,  
02394 004042

## Supporting links Parent and Carer Courses

### Parent & Carer Courses Summer Term 2023



#### TALKING FAMILIES



Our FREE 6 week course for parents and carers of children aged 0-12 will cover

- Managing challenging behaviour with consistency.
- Encouraging positive behaviour.
- Building your child's self esteem.
- Setting and maintaining boundaries.
- Responding to tantrums and difficult feelings in children.
- Developing a strong parent/child relationship now and for the future.

**Thursdays 9.45 - 11.15am**

**20<sup>th</sup> Apr - 25<sup>th</sup> May**

**Online Course 579**

**7<sup>th</sup> Jun - 12<sup>th</sup> Jul**

**Online Course 579**

**Tuesdays 8.00 - 9.30pm**

**6<sup>th</sup> Jun - 11<sup>th</sup> Jul**

**Online Course 580**

**Wednesdays 9.45-11.15am**

**7<sup>th</sup> Jun - 12<sup>th</sup> Jul**

**Online Course 578**

**FULLY BOOKED**

#### TALKING TEENS



Our FREE 6 week course for parents and carers of children aged 12-19 will cover

- The Teen Brain: the physical and emotional changes taking place during the teenage years and why their behaviour changes.
- The link between behaviour and communicating difficult feelings.
- How to maintain your relationship with good communication.
- Understanding risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate and reduce conflict.

**Wednesdays 7.45-9.15pm**

**10<sup>th</sup> Jun - 15<sup>th</sup> Jul**

**Online Course 581**

**FULLY BOOKED**

**Wednesdays 7.45-9.15pm**

**7<sup>th</sup> Jun - 12<sup>th</sup> Jul**

**Online COURSE 582**

#### Pre-booking essential

To check eligibility and book a place, please contact

Supporting Links on:

**07512 709556**

[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)

Quoting the Course ID



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**Online Course 576**

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**Wednesdays 7.45 - 9.15pm**

**19<sup>th</sup> Jun - 25<sup>th</sup> Jul**

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**FULLY BOOKED**

**Wednesdays 7.45 - 9.15pm**

**7<sup>th</sup> Jun - 12<sup>th</sup> Jul**

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Quoting the Course ID

## TALKING DADS

Dads play an important role in a child's life. This FREE course will help you be the Dad you want to be. Over 6 weekly sessions, fathers and male carers of children aged 0-19 will be supported to:

- Increase confidence in your parenting.
- Develop your dad/child relationship, now and for the future.
- Improve listening and communication skills.
- Develop strategies for dealing with anger and conflict.
- Learn how to enforce boundaries.



Dads,  
Step-Dads,  
Stay at  
home Dads,  
Working  
Dads...

Tuesdays 7.45-9.15pm  
18th May - 1st Jun  
**FULLY BOOKED**  
Online Course 583

Wednesdays 7.45-9.15pm  
7th Jun - 12th Jul  
Online Course 584

## TALKING ADDITIONAL NEEDS

A free 6 week course for parents and carers of children aged 2-19 years with a recognised additional need. We will help you to:

- Understand your child's behaviour.
- Find strategies that really work.
- Understand conflict: why it happens and how to handle it.
- Manage anger effectively.
- Motivate, encourage and support your child.
- Manage different needs within your family.



Tuesdays 9.45-11.15am  
3rd May - 14th Jun  
**FULLY BOOKED**  
Online Course 576

Tuesdays 9.45-11.15am  
6th Jun - 11th Jul  
Online Course 575

Courses are open to parents and carers living in Hertfordshire

**Pre-booking essential**

To check eligibility and book a place, please contact

Supporting Links on:

07512 709556 or [bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)

Quoting the Course ID

[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)

Information taken on booking will be used to process your booking, check your eligibility, identify any access needs and will be stored in accordance with our GDPR policy which is available on request



These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund



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## TALKING TEENS ONLINE



Wednesdays 7.45-9.15pm 7th Jun - 12th July 2023 ID: 582

Our FREE 6 week online courses for parents and carers of children aged 12-19 will cover:

- The Teen Brain: Recognising the physical and emotional changes taking place during the teenage years and why their behaviour changes.
- The link between behaviour and communicating difficult feelings.
- Maintaining your relationship with good communication.
- Understanding risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate during a conflict situation.

"Our home is no longer a battlefield. I am less stressed and my teenager speaks to me more. Thank you!"



PARENTING COURSES DELIVERED TO YOUR HOME VIA ZOOM

Full details on how to access and use Zoom will be offered.

OPEN TO PARENTS AND CARERS ACROSS HERTFORDSHIRE

**Pre-booking essential**

**Please quote the course ID**

To check eligibility and book a place, contact Supporting Links on:

07512 709556


[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)

[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)



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Information you share with us is used to process your booking. This will be held securely and only shared in accordance with our GDPR Policy.




**DSPL7** Delivering Special Provision Locally

DSPL 7 (ST ALBANS, HARPENDE & VILLAGES)  
TRAINING PROGRAMME

## Post-16 Advice Evening

Suitable for parents/carers of Year 10 students with a SEND

<http://www.servicesforyoungpeople.org>



[admin@dspl7.org.uk](mailto:admin@dspl7.org.uk)

## St Albans - Projects for young people

REACH OUT

For those showing early or low-level signs of dangerous risk taking behaviour. A Programme of one-to-one and groupwork support for young people at risk of exploitation including CSE.

POSITIVE PATHWAYS

A programme of one-to-one support and groupwork for young people involved in or at risk of involvement in crime and antisocial behaviour.

ACCESS POINT PROJECT

Advice, guidance and sexual health services including free condoms, chlamydia and gonorrhoea screening and pregnancy testing.


Catherine Street Young People's Centre,  
41 Catherine Street (on the corner with  
Adelaide Street), St Albans, AL3 5BN

Tuesdays and Fridays  
2pm-5pm  
For all young people

Hertfordshire County Council Services for Young People

# ST ALBANS

## PROJECTS FOR YOUNG PEOPLE






SUMMER TERM 2023



Enabling young people to succeed

Area Team Manager: Karen Haswell  
Senior Youth Worker: Tom Scott

Tel: 0300 123 7538 Text: 07860 065173  
syp@hertfordshire.gov.uk  
www.servicesforyoungpeople.org  
@HCCSYYP

01442 454060  
syp.stalban@hertfordshire.gov.uk  
www.servicesforyoungpeople.org

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## St Albans Charity Cycle Ride



# St Albans Charity Cycle Ride



Sunday 14th May 2023



Oaklands College Campus



10, 20, 30, 40 mile routes available

Register now to take part in the St Albans Charity Cycle Ride, organised by the two Rotary Clubs of St Albans. Suitable for everybody, no matter your age, ability, or fitness level. Individuals, families, and groups welcome!

All funds raised will be split between The OLLIE Foundation and Rennie Grove Hospice Care.





# REDBOURN FUN RUN

[WWW.REDBOURNFUNRUN.CO.UK](http://WWW.REDBOURNFUNRUN.CO.UK)



ALL  
FINISHERS  
RECEIVE A  
MEDAL

SUNDAY  
**7 MAY**

**1, 3 & 5 KM**

**9AM-2PM**

REDBOURN LEISURE CENTRE

 **RUNNING  
ROUTES**

**PLUS RELAY RACES**

IN PARTNERSHIP WITH



**SARACENS  
FOUNDATION**



The Spotted Dog

**everyone  
ACTIVE**



REDBOURN EYECARE

 **ashtons**  
for life's great moves



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Coronation Tea Party

# CORONATION

# TEA PARTY



Join us to celebrate the  
Coronation of King Charles III  
**Monday 8 May 2023**  
**3pm till 5pm**

Afternoon Cream Teas, Live Music, Entertainment, Crafts  
St Nicholas Church Garden, Harpenden, AL5 2TP  
All profits to Toilet Twinning, St Albans & Hertsmere Women's Refuge & Parish of Harpenden



## Keeping your engine running; the fact & fiction

### Fiction

If it's cold outside, I need to keep the engine running to keep the heater on.

### Fact

If you switch the engine off when you park and keep the ignition on, the heater should stay warm for up to 30 minutes.

### Fiction

If I'm parked on a yellow line, keeping my engine running means I won't get a fine.

### Fact

Traffic Wardens can fine you if you are parked somewhere you shouldn't be. They can also issue you with a £40 fine if your engine is idling (switched on whilst you are waiting).

### Fiction

But surely it is better to idle because stopping and starting will wear out the engine?

### Fact

Sitting in your car with your engine running could cost you more than you think. Between 5% and 8% of fuel use occurs while idling. Based on the average annual fuel bill of £1600, this means you could be wasting more than £100 a year.

### Fiction

Sitting in my car protects me from other people's car fumes.

### Fact

The air quality inside the car could be up to 12 times worse than outside.

Walking and cycling is healthier, cheaper and better for air quality than driving and parking outside your school.





# School Newsletter

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